

# MANAGING CHRONIC CONDITIONS IS MORE IMPORTANT THAN EVER



More than half of Australians have a chronic condition, 45% of people over 45 have more than two.



**DIABETES**



**1.2 million**  
AUSTRALIANS IN 2014-15  
HAD DIABETES  
(based on self-reported data)

10%



**1 million**  
hospitalisations  
were associated  
with diabetes in  
2014-15



**MENTAL  
ILLNESS**

VISITS TO GP

Estimated  
**17.6 million**  
mental health-related  
GP encounters in 2014-15



**50%** (estimated)

Australians will experience  
a common mental disorder  
in their lifetime

**DEPRESSION + ANXIETY + SLEEP DISTURBANCE**

were the 3 mental health-related problems  
that GPs most frequently managed in 2014-15



**CARDIOVASCULAR  
DISEASE (CVD)**

2014 > 2015

**1 in 5 adults**

**22% | 4.2M**



**CVD**

had cardiovascular disease  
based on self-reported data



**4 million**  
HOSPITALISATIONS  
were associated with  
with CVD IN 2014-15

PRINCIPAL AND/OR ADDITIONAL DIAGNOSIS

**11%**

of all hospitalisations  
in Australia

**29%**



OF AUSTRALIAN DEATHS

HAD **CVD**

as the underlying  
cause of death

**45,000**

DEATHS IN 2014

**> VISIT OUR WEBSITE**

Tel: 02 9685 7567

<http://www.aihw.gov.au/mental-health>  
<http://www.aihw.gov.au/cardiovascular-disease>  
<http://www.aihw.gov.au/diabetes>